

Coates Primary
PE Long Term Plan
Year 1

	PE Coaches	Teacher
Autumn 1	Games - Ball Skills (Witchford plan)	Dance - Moving words (2b Y1)
Autumn 2	Gymnastics - Jumping jacks (2b Y1)	Fundamentals 1 (2b Y1)
Spring 1	Gymnastics - Norwich Scheme of work	Dance - Weather 3 PE scheme part 2)
Spring 2	Fundamentals 2 (2b Y1)	Gymnastics - Rock and Roll (3 PE scheme part 2)
Summer 1	Athletics - Sports day events	Tri Golf
Summer 2	Football - Norwich scheme of work	Fundamentals 3 - Rolling, receiving and striking (rec and Y1 fundamentals unit)