

Healthy Eating Week

Coates Primary – 28th June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	BBQ Pulled Chicken Wrap & Wholegrain Rice	Italian Salmon & Broccoli Pasta Bake	Wholemeal Pizza & Baked Potato Wedges	Succulent Pork Loin, Stuffing, New Potatoes & Gravy	Baked Fishfingers & Oven Chips
Vegetarian Main Meal	Veggie Curry & Wholegrain Rice	Penne Pasta & Fresh Tomato Sauce	Red Lentil & Tomato Pasta	Quorn, Stuffing, New Potatoes & Gravy	Quorn Fajitas & Oven Chips
Vegetables	Sweetcorn	Mixed Vegetables	Fresh Crisp Salad	Carrots & Garden Peas	Baked Peas & Peas
Dessert	Oaty Biscuit & Fruit	Exotic Fruit Platter	Frozen Yoghurt	Summer Fruit Salad	Carrot Cake

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

