







Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Jacket Wedges	Pork Sausages served with Country Diced Potatoes	Chicken Pie, Mashed Potatoes & Gravy	Creamy Korma Style Chicken Curry served with Rice 	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option 1	Creamy Vegetable Penne Pasta Carbonara 	Veggie Sausage Served with Country Diced Potatoes	Roasted Vegetable & Lentil Loaf with Sticky Ketchup Glaze (Ve) 	Cauliflower Cheese & Pasta Bake 	Cheese Flan Served with Chips
Jacket Potatoes Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Cabbage	Mixed Vegetables	Baked Beans Peas
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuit	Iced Banana Traybake	Oat & Raisin Cookie (Ve)	Chocolate Ice Cream

Available Daily: Salad, Yoghurt & Fresh Fruit

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish








Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Macaroni Cheese	Summer Hot Dog served with Jacket Wedges	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Fish Fingers served with Chips
Vegetarian Main Meal Option 1	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Jacket Wedges	Home Baked Vegetarian Lasagne 	Wholemeal Cheese & Tomato Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips
Jacket Potatoes Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Cauliflower	Mixed Vegetables	Baked Beans Peas
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve)	Homemade Shortbread Biscuit (Ve)

Available Daily: Salad, Yoghurt & Fresh Fruit

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish









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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Tomato Pasta	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken Skin on Roast Potatoes & Gravy	Sticky BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option	Mildly Spiced Vegetable Chilli & Rice (Ve) 	Macaroni Cheese	Savoury Vegetable Mince & Gravy with Skin on Roast Potatoes 	Home Baked Vegetarian Lasagne 	Homemade Cheese & Tomato Pizza Whirl & Chips
Jacket Potatoes Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Green Beans	Mixed Vegetables	Baked Beans Peas
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.